

# Basic Digital Security



Everyone should follow these basic steps that protect their data from employers, government, and hackers

## 1. Turn on Automatic Updates

on every device including your phone, tablet, and PC.

## 2. Set a strong password on every device

Consider using a passphrase - 5 unique words that are easy to remember

## 3. Use a Password Manager

Password managers can create a strong, unique password for each different app and website you use. **1Password** and **Lastpass** are both good choices.

## 4. Turn on Two Factor Authorization

Most websites have an option that requires both your password and either a physical security key or a special one-time code texted to you.

## 5. Use a Secure Messenger

Instead of SMS download **Signal** from the App Store

**WhatsApp** and **iMessage** are also encrypted and you can turn on extra security in Facebook Messenger

Learn more at <https://ssd.eff.org/> and <https://www.aclu.org/blog/speak-freely/few-easy-steps-everyone-should-take-protect-their-digital-privacy>